



Nutrition Facts

Portion Size 150 g

Amount Per Portion

Calories 30

	% Daily Value *
Total Fat 0.3g	0 %
Saturated Fat 0.1g	0 %
Sodium 4.5mg	0 %
Total Carbohydrate 7g	3 %
Dietary Fiber 2.6g	9 %
Sugar 3.6g	
Protein 1.3g	3 %
Vitamin D 0mcg	0 %
Calcium 15mg	1 %
Iron 0.5mg	3 %
Potassium 263mg	6 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.