

Nutrition Facts

Calories 30 Cotal Fat 0.3g % Daily Value * Total Fat 0.3g 0 % Saturated Fat 0.1g 0 % Sodium 4.5mg 0 % Total Carbohydrate 7g 3 % Dietary Fiber 2.6g 9 % Sugar 3.6g Protein 1.3g 3 % Vitamin D 0mcg 0 % Calcium 15mg 1 % Iron 0.5mg 3 % Potassium 263mg 6 %	Portion Size	150 g
"Mode of Saturated Fat 0.3g % Daily Value * Total Fat 0.3g 0 % Sodium 4.5mg 0 % Total Carbohydrate 7g 3 % Dietary Fiber 2.6g 9 % Sugar 3.6g Protein 1.3g 3 % Vitamin D 0mcg 0 % Calcium 15mg 1 % Iron 0.5mg 3 %	Amount Per Portion	
Total Fat 0.3g 0 % Saturated Fat 0.1g 0 % Sodium 4.5mg 0 % Total Carbohydrate 7g 3 % Dietary Fiber 2.6g 9 % Sugar 3.6g 9 Protein 1.3g 3 % Vitamin D 0mcg 0 % Calcium 15mg 1 % Iron 0.5mg 3 %	Calories	30
Saturated Fat 0.1g 0 % Sodium 4.5mg 0 % Total Carbohydrate 7g 3 % Dietary Fiber 2.6g 9 % Sugar 3.6g 3 % Protein 1.3g 3 % Vitamin D 0mcg 0 % Calcium 15mg 1 % Iron 0.5mg 3 %		% Daily Value *
Sodium 4.5mg 0 % Total Carbohydrate 7g 3 % Dietary Fiber 2.6g 9 % Sugar 3.6g 3 % Protein 1.3g 3 % Vitamin D 0mcg 0 % Calcium 15mg 1 % Iron 0.5mg 3 %	Total Fat 0.3g	0 %
Total Carbohydrate 7g 3 % Dietary Fiber 2.6g 9 % Sugar 3.6g 3 % Protein 1.3g 3 % Vitamin D 0mcg 0 % Calcium 15mg 1 % Iron 0.5mg 3 %	Saturated Fat 0.1g	0 %
Dietary Fiber 2.6g 9 % Sugar 3.6g 3 % Protein 1.3g 3 % Vitamin D 0mcg 0 % Calcium 15mg 1 % Iron 0.5mg 3 %	Sodium 4.5mg	0 %
Sugar 3.6g Protein 1.3g 3 % Vitamin D 0mcg 0 % Calcium 15mg 1 % Iron 0.5mg 3 %	Total Carbohydrate 7g	3 %
Protein 1.3g 3 % Vitamin D 0mcg 0 % Calcium 15mg 1 % Iron 0.5mg 3 %	Dietary Fiber 2.6g	9 %
Vitamin D 0mcg 0 % Calcium 15mg 1 % Iron 0.5mg 3 %	Sugar 3.6g	
Calcium 15mg 1 % Iron 0.5mg 3 %	Protein 1.3g	3 %
Iron 0.5mg 3 %	Vitamin D 0mcg	0 %
	Calcium 15mg	1 %
Potassium 263mg 6 %	Iron 0.5mg	3 %
	Potassium 263mg	6 %

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.