



# Nutrition Facts

**Portion Size** 35 g

Amount Per Portion

**Calories** 5.3

	% Daily Value *
<b>Total Fat</b> 0.1g	0 %
<b>Sodium</b> 9.8mg	0 %
<b>Total Carbohydrate</b> 1g	0 %
Dietary Fiber 0.5g	2 %
Sugar 0.3g	
<b>Protein</b> 0.5g	1 %
Vitamin D 0mcg	0 %
Calcium 13mg	1 %
Iron 0.3mg	2 %
Potassium 68mg	1 %

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.