



# Nutrition Facts

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<b>Portion Size</b>	<b>85 g</b>
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Amount Per Portion

<b>Calories</b>	<b>20</b>
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	% Daily Value *
<b>Total Fat</b> 0.5g	<b>1 %</b>
<b>Total Carbohydrate</b> 3g	<b>1 %</b>
Dietary Fiber 1g	<b>4 %</b>
Sugar 2g	
<b>Protein</b> 1g	<b>2 %</b>
Calcium 20mg	2 %
Iron 0.4mg	2 %

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\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.