



Simplot Simple Goodness™ - Stir Fry Supreme Vegetable Blend

Simplot Simple Goodness™ Classic Vegetables offer the classic flavors and consistent blends that customers love. Perfect on the side or in signature recipes. We do all the washing, slicing and trimming, so you get only 100% useable product and 0% waste.

Nutrition

Serving Size: 3/4 cup (81g)
Servings per container about 132
Calories: 30

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	15mg	1%
Total Carbohydrates	6g	2%
Dietary Fiber	2g	8%
Total Sugars	2g	
Includes 0g Added Sugars		0%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	20mg	2%
Iron	0.4mg	2%
Potassium	190mg	4%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Ingredients

BROCCOLI, SUGAR SNAP PEAS, WATER CHESTNUTS, CARROTS, BABY CORN, ONIONS, RED BELL PEPPER, CELERY, MUSHROOMS, BEAN SPROUTS.

Product Specification

SKU	10071179676669
Pack	12/2lb
Brand	Simplot Simple Goodness™
Gross Weight	25.25lb
Net Weight	24lb
Country of Manufacture	US
Halal	N
Kosher	N
Vegan	Y
Vegetarian	Y
Low Fat	Y
Low Sodium	Y
Zero Grams Trans Fat	Y

Shipping Information

Length	16 in
Width	11.625 in
Height	9.625 in
Case Cube	1.036
TixHi	10X6
Shelf Life	730 Days
Storage Temp From/To	-10FA / 10FA

Benefits

- A complex blend of broccoli, sugar snap peas, water chestnuts, carrots, baby corn, onions, red bell pepper, celery, mushrooms and bean sprouts
- Farm-fresh flavor and color
- Reduces costly labor—just heat and serve
- Consistent year-round quality and pricing
- 100% useable, no trim, loss or waste

Serving Suggestions

Add Asian flair to any menu, this mix is the perfect starter for stir-fried entrées or sides.

Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

SAUTÉ 1. Heat 1 Tbsp. of oil in a large skillet on MEDIUM-HIGH. 2. Add one bag of frozen vegetables and cover. Sauté for 10 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 4 minutes.

MICROWAVE (1100 WATTS) 1. Place one bag of frozen vegetables in a microwave safe dish. 2. Add 2 Tbsp. of water and cover. 3. Cook on HIGH for 15 minutes, stirring halfway through cook time.