



Nutrition Facts

Portion Size	50 g
Amount Per Portion	
Calories	13
	% Daily Value *
Total Fat 0.3g	0 %
Sodium 3mg	0 %
Total Carbohydrate 2.7g	1 %
Dietary Fiber 1g	4 %
Protein 0.4g	1 %
Calcium 5.5mg	0 %
Iron 0.2mg	1 %
Potassium 129mg	3 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.