



Nutrition Facts

Serving Size:

1

tsp (0.8ggrams)

Thyme

Amount Per Serving

Calories0.8

		% Daily Value*
Total Fat	0g grams	0% Daily Value
Saturated Fat	0g grams	0% Daily Value
<i>Trans</i> Fat	0g grams	
Polyunsaturated Fat	0g grams	
Monounsaturated Fat	0g grams	
Cholesterol	0mg milligrams	0% Daily Value
Sodium	0.1mg milligrams	0% Daily Value
Total Carbohydrates	0.2g grams	0% Daily Value
Dietary Fiber	0.1g grams	0% Daily Value
Protein	0g grams	
Vitamin D	0mcg micrograms	0% Daily Value
Calcium	3.2mg milligrams	0% Daily Value
Iron	0.1mg milligrams	1% Daily Value
Potassium	4.9mg milligrams	0% Daily Value

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.