



Nutrition Facts

Serving Size
Amount per serving
Calories 15

servings (100g)

% Daily Value

Sodium 2mg

Total Carbs 4g

1%

Dietary Fiber 1g

4%

Total Sugars 2g

Protein 1g

2%

Vitamin A 30mcg

3%

Vitamin C 3mg

3%

Calcium 20mg

2%

Iron 0.4mg

2%

Potassium 150mg

3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for a general nutrition advice.