

## **Nutrition Facts**

Portion Size	125 g
Amount Per Portion  Calories	65
Total Fat 0.2g	0 %
Sodium 1.3mg	0 %
Total Carbohydrate 17g	6 %
Dietary Fiber 3g	11 %
Sugar 13g	
Protein 0.3g	1 %
Vitamin D 0mcg	0 %
Calcium 7.5mg	1 %
Iron 0.2mg	1 %
Potassium 134mg	3 %

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.