



Confidential
Product Specification
Chia Seed
 Item #550-160

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	Approved By	<i>Hartono</i>		

A. Product Information

1. Production Description: Chia Seeds 25lbs
2. Item No.: 550-160
3. Appearance: Mainly black, dark gray, with some brown and white seeds
4. Flavor/Aroma: Clean. Typical of grain
5. Texture: Dried Seeds
6. Shelf Life: 12 months under proper storage condition
7. Storage Requirement: Store between 45°F to 65°F temperature for optimal shelf life
8. Lot Code: Manufactured in Julian code date format
 Example: 0796: 079=Julian Code, 6=Year (2016)

B. Ingredients

Chia Seeds

C. Nutritional Information

Nutrition Facts	
servings per container	
Serving size	1/4 cup (30g)
Amount per serving	
Calories	150
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 13g	5%
Dietary Fiber 11g	39%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 189mg	15%
Iron 2mg	10%
Potassium 122mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

- D. Allergen Statement**
Contains None.
Packed in a facility that processes on shared equipment with Peanuts, Tree nuts, Milk, Wheat, Soy and Egg.
- E. Kosher Certification**
This product is currently not certified Kosher.
- F. Gluten:**
Product is considered to be Gluten Free. For more information see <http://www.celiac.com/articles/181/1/Safe-Gluten-Free-Food-List-Safe-Ingredients/Page1.html>
- G. GMO Statement:**
This product is considered to be GMO Free. For more information see <http://www.disabled-world.com/fitness/gm-foods.php>
- H. Organic:**
This product is not currently certified organic.
- I. Packaging:**
Product packed in a polyethylene bag inside a corrugated box.
- J. Country of Origin**
Ecuador, Mexico, Bolivia, Guatemala.